



Four Diamond

HEALTH AND WELLNESS

Day 1: VIP WELCOMING - TRANSFER IN HOTEL

Arrival Time: TBA

- VIP AIRPORT ASSISTANCE UPON ARRIVAL
- VIP WELCOMING GARLAND by BALINESE GIRL IN TRADITIONAL DRESS

OVERNIGHT THE BVLGARI RESORT BALI

Day 2: FREE AT OWN LEISURE - MEETING SERVICE

- MORNING FREE AT OWN LEISURE AFTER LONG FLIGHT TO BALI

10:00-12:30 1st WORKSHOP WITH Mr. MATHIAS - WELLNESS EXPERT

- SPA AT HOTEL
- START YOUR JOURNEY WITH MELUKAT "PURIFICATION CEREMONY"
- CAR DISPOSAL AT THE HOTEL - ANYTIME NEEDED - MAX 10HOURS

OVERNIGHT THE BVLGARI RESORT BALI

Day 3: WATERFALLS + SOUTH BALI TOURS

06:00-07:00 MORNING YOGA

PICK UP AT : 09:00

- VISIT TEGENUNGAN WATERFALL AND RELAXING AT OMA DAY CLUB
- LUNCH AT OMA DAY CLUB
- VISIT MELASTI BEACH
- VISIT ULUWATU TEMPLE
- WATCHING KECAK & FIRE DANCE - start at 6pm - finish @ 7pm

DINNER BBQ SEAFOOD AT JIMBARAN BAY

OVERNIGHT THE BVLGARI RESORT BALI

Day 4: FULL DAY UBUD TOURS

10:00-12:30 2nd WORKSHOP WITH Mr. MATHIAS - WELLNESS EXPERT

- VISIT BATIK MAKING - INDONESIAN TEXTILE HERITAGE

PICK UP AT : 12:30

- VISIT UC SYLVER - BALINESE GOLD & SYLVER MAKING STYLE
- VISIT MAS VILLAGE FOR BALINESE PAINTINGS
- LUNCH IN UBUD ON OWN EXPENSES
- VISIT TEGALALANG RICE TERRACE, LUWAK COFFEE AND SWING
- VISIT UBUD PALACE
- VISIT UBUD ART MARKET

OVERNIGHT THE BVLGARI RESORT BALI

Day 5: AMAZING NORTH BALI TOURS

PICK UP AT : 09:00

- VISIT JATILUWIH RICE TERRACE UNESCO HERITAGE
- VISIT ULUN DANU LAKES TEMPLE
- LUNCH EITHER AT HAMM SARANAM OR ELEVATE OWN EXPENSES
- VISIT WANAGIRI HIDDEN HILLS
- VISIT BANYUMALA WATERWALLS
- VISIT UBUD PALACE
- VISIT TANAH LOT SEA TEMPLE

OVERNIGHT THE BVLGARI RESORT BALI

Day 6: LEMBONGAN ARISTOCRAT CRUISE

PICK UP AT : 08:00

- LEMBONGAN CRUISE by BALI HAI CRUISE
- INCLUDING INTERNATIONAL BUFFET LUNCH
- BEACH ACTIVITIES

OVERNIGHT THE BVLGARI RESORT BALI

Day 7: TRANSFER OUT - FLIGHT HOME

- VIP AIRPORT ASSISTANCE UPON DEPARTURE



The information presented in this document is a brief overview.
Additional details are available on request.
For more information or to book a retreat, contact:

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